



MARCH

Parenting Awareness Month

2024

SUN

MON

TUE

WED

THU

FRI

SAT

<p>Make a plan that creates time for daily activities. Commit to spending quality time together and having quality conversations. Take pictures throughout the month to look through and celebrate your time together.</p>					<p>Family movie and popcorn night ¹</p>	<p>Head outdoors for a bike ride or walk ²</p>
<p>Take a family picture, print it and display it in your home ³</p>	<p>Show interest in your child's school day, tell them about your day ⁴</p>	<p>Make a list of all the reasons your child is special, display it for everyone to see ⁵</p>	<p>Read together as a family, let each child pick a book ⁶</p>	<p>Let your child plan dinner, have them help you cook ⁷</p>	<p>Create a routine or chore chart ⁸</p>	<p>Outdoor Scavenger Hunt ⁹</p>
<p>Take a break from screens, play together ¹⁰</p>	<p>Talk about family values and strengths, listen to your child's ideas about these ¹¹</p>	<p>Play with slime or playdough, make your own or use what you already have ¹²</p>	<p>Create a time capsule, open it in 1 year ¹³</p>	<p>Think of 5 things your child is good at, praise them and tell them how proud you are ¹⁴</p>	<p>Family game night ¹⁵</p>	<p>Visit your local library, read together ¹⁶</p>
<p>Create an obstacle course inside or outside ¹⁷</p>	<p>Kids choice! Let your children decide what to do together as a family ¹⁸</p>	<p>Discuss safety plans, such as what to do if there is a fire or other emergencies ¹⁹</p>	<p>Do a puzzle or play games like I spy, tic tac toe, or 20 questions ²⁰</p>	<p>Go for a walk, look for signs of spring ²¹</p>	<p>Create a family vision board or family bucket list ²²</p>	<p>Make a card for a neighbor or friend, mail or deliver it to them ²³</p>
<p>Visit a park or plan a picnic at home ²⁴</p>	<p>Draw or color together, display your art in your home ²⁵</p>	<p>Slip a note of praise in your child's coat, lunchbox, or under their pillow ²⁶</p>	<p>Have each family member share something unique about their day or something new they learned ²⁷</p>	<p>Play charades together as a family ²⁸</p>	<p>Sort through toys, books, and clothes, give back and donate items ²⁹</p>	<p>Talk about the fun you had together this month ³⁰</p>
<p>Happy Easter! Celebrate together ³¹</p>	<p>"At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents" - Jane D. Hull.</p>					