



# LET'S LEARN ABOUT VIETNAM



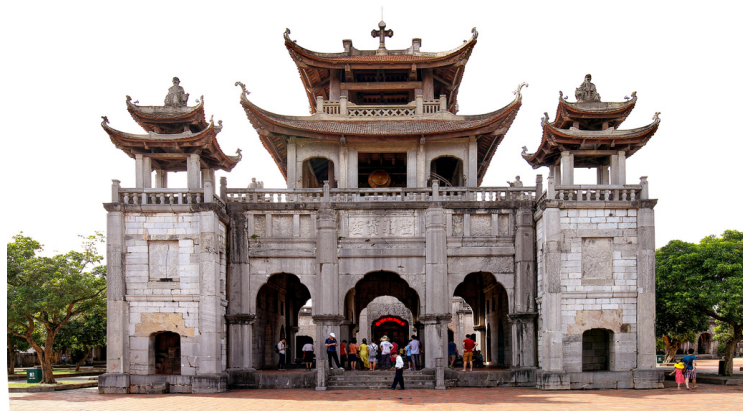
Learn about Vietnam as your family celebrates diversity and global culture with this grab-and-go community meal. Immerse yourselves and learn about what it's like to be a family in Vietnam.

Cát Bà Island is the largest of the 367 islands that comprise the Cat Ba Archipelago, which makes up the southeastern edge of Lan Ha Bay in Northern Vietnam.



**Phu Quoc Island** (top)

**Thien Mu Pagoda** (left)



**Temple of Literature**, the first University in Vietnam, is located in Hanoi (bottom).



Vietnam is located in Southeastern Asia, bordering the Gulf of Thailand, Gulf of Tonkin, and South China Sea, as well as China, Laos, and Cambodia.



## WHAT IS THEIR CULTURE LIKE?

Families in Vietnam play badminton, attend puppet shows, swim, and play soccer. There are 392 rivers in Vietnam.



HOW DO FAMILIES HAVE FUN?  
 WHAT ARE VIETNAMESE KIDS LIKE?  
 HOW DOES VIETNAMESE FOOD TASTE?  
 HOW CAN WE FIND OUT MORE?

# LET'S MAKE SOME VIETNAMESE FOOD!



Pho (pronounced "fuh") is a beef noodle soup that is essential to Vietnamese cuisine and now is popular around the world. Find other recipes here with videos on how to make the recipe.



## WHAT KIND OF INGREDIENTS?

In Vietnam, people eat foods like sticky rice, spring rolls, pork, chicken, and vegetables.

## NURSERY RHYMES



"Time to Eat Now" is a chant with hand motions in Vietnamese.

## BOOKS CONNECTED TO VIETNAM

**Vietnamese children's favorite stories**  
 by Thi Minh Phuoc Tran  
*Available through Traverse Area District Library.*

## LISTEN TO VIETNAMESE MUSIC!



The Dan Bau (a type of chordophone) is the national musical instrument.

## GRAB YOUR PASSPORT!



Bring your passport to every meal to earn prizes for participating.



United Way of Northwest Michigan

