

LET'S LEARN ABOUT

GREECE



Learn about Greece as your family celebrates diversity and global culture with this grab-and-go community meal. Immerse yourselves and learn about what it's like to be a family in Greece.







Located in Southern Europe, Greece borders the Aegean Sea, Ionian Sea, and the Mediterranean Sea between Albania and Turkey.



WHAT IS THEIR CULTURE LIKE?

Families in Greece go to cities, farms, beaches, and historical sites. Greece is the birthplace of the Olympics and is rich in ancient history.

HOW DO FAMILIES HAVE FUN? WHAT ARE KIDS LIKE THERE? HOW DOES GREEK FOOD TASTE? HOW CAN WE FIND OUT MORE?

LET'S MAKE SOME GREEK FOOD!



Koulourakia is a traditional Easter cookie in Greek culture. Easter is considered the most important holiday in Greece. Other recipes can also be found here with videos on how to make the recipe.



WHAT KIND OF INGREDIENTS?

In Greece, people eat foods like lamb, olives, salads, feta cheese, fresh seafood, okra, and octopus.

NURSERY RHYMES



Sing "Head, Shoulders, Knees, and Toes" in Greek!

BOOKS ABOUT GREECE

<u>D'Aulaires Book of Greek Myths:</u> <u>Ingri and Edgar Parin D'Aulaire</u> is available through Traverse Area District Library.

LISTEN TO GREEK MUSIC!



The bouzouki is the most widely used Greek instrument.

GRAB YOUR PASSPORT!



Bring your passport to every meal to earn prizes for participating.











