



Be part of an event series to help parents learn about wellness, self-care, physical and emotional health, and the importance of social connections as it relates to caregiving for young children.

PARENT WELLNESS EVENT SERIES

This will be a planning meeting to gather ideas and design different types for face to face and virtual wellness events across Antrim, Benzie, Grand Traverse, Kalkaska, and Leelanau counties. These events will be held between May and September of 2022. This meeting will be recorded.

APRIL 7, 2022 @ 1:00

Register here:

<https://conta.cc/37I1Ckd>
(or scan code)



Questions?

Contact Missy Smith
missy@greatstartkids.com