

What: Popsicle sticks

Why: activity to demonstrate how the Protective Factors are stronger together

Who: rhornkohl@tbaisd.org

How:

1. Each participant will need 6 sticks
2. Have the Protective Factors Posted
3. Ask the group to write down one of the protective factors on one of the sticks
4. Ask them to try and break it
5. Now have them write 1 PF per the popsicle stick
6. When finished ask them to stack the sticks and try to break them
7. Allow for discussion about whether the sticks break or not